CANADIAN Dance & Competition GUIDE

Dance**BUG** 2024-2025

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# GIVING DANCERS CONTROL OVER THEIR IMAGES, THEIR PERFORMANCES, AND THEIR HISTORY

through a secure ICDR profile.





NAME Anna-Maria AGE (At time of issue) 14 Years FXPIRFS

August 2025



MEMBER ID: DMZ8K3Z

Visit: competitivedancer.com/faq

Canada/US toll-free: 833-371-5433

Dancer registration is **FREE** for the 2025 season.





This year, alongside our convenient physical book, you can once again access the digital flipbook version of the guide at DanceBUG.com and on our social media platforms, making it accessible from wherever you happen to find yourself during the season.

Enclosed, you will find all the wonderful dance competitions holding events in Canada, available for registration through DanceBUG. You can access their registration portals via their respective websites or through your DanceBUG account.

As in previous years, competition ads are placed randomly to ensure fairness. Use the colour-coded sidebars for easy reference and match them with the regionally **colour-coded index at the back for strategic planning.** 

Throughout the 60+ pages of competitions, be sure to look out for familiar faces as well as some new additions to the DanceBUG Family.

You'll also find special features with insights and advice from industry professionals, offering valuable information and guidance for dancers. For more stories brought to life, check out Dance Talks, exclusively on dancebugchannel.com! Discover backgrounds, experiences, and new insights about the dance industry now.

We are privileged to be part of this amazing community and **can't wait** to see what you have in store for 2025! Have a fantastic summer, and we look forward to dancing with you in the fall.

Al. Elliot. Michael & The DanceBUG Team



WWW.BREAKTRHUDANCECHALLENGE.COM



2025 our Dales

MARKHAM
FLATO MARKHAM THEATRE

MARCH 20 - 23

OTTAWA
ALGONQUIN COMMONS THEATRE

**APRIL 10 - 13** 

HUNTSVILLE ALGONQUIN THEATRE

MAY 2 - 4

CHATHAM
CAPITOL THEATRE

MAY 9 - 11





### NIAGARA

CENTRAL COMMUNITY CENTRE

FEB 27 - MAR 02 MAY 8 - 11

(SMALL STUDIO)

(PART TIME ONLY)

## MISSISSAUGA

HILTON TORONTO AIRPORT HOTEL AND SUITES

MAR 20 - 23

APR 03 - 06

## ST.CATHARINES

FIRSTONTARIO PERFORMING ARTS CENTRE

MAR 27 - 30 APR 10 - 13 MAY 15 - 18

### HALIFAX

THE BELLA ROSE ARTS CENTRE

APR 24 - 27 MAY 01 - 04



NS





## 

FEB 26 - MARCH 2 BURNABY, BC #1

**APRIL 23 - 27** CALGARY, AB #2

EDMONTON, AB #1

MARCH 5 - 9 APRIL 30 - MAY 4 NORTH VAN, BC

**MARCH 12 - 16** CALGARY, AB #1

MAY 7 - 11 **BURNABY, BC #2** 

**MARCH 27 - 30** SASKATOON, SK

MAY 16 - 19 BANFF, AB #1

APRIL 2 - 6 MAPLE RIDGE, BC

**MAY 22 - 25** BANFF, AB #2

**APRIL 9 - 13** EDMONTON, AB #2

## EVOLVE WITH US IN 2025 **RESERVATIONS OPEN JULY 1**

SK





### Check out Anna on Dance Talks!

Scan to Watch



## TOP 10 TIPS FOR CHOREOGRAPHY TO STAND OUT

Are you looking to take your dance choreography to the next level and make a lasting impact on your audience?

Use these top 10 tips to improve your chances at the next competition:

- 1. Level changes: Add dimension and interest to your routine by incorporating jumps or floor work to change up the levels throughout your choreography. Find the high and low levels.
- 2. Tempo change: Mimic different sections of the music with staccato or legato movements to add depth and layers to your routine.
- 3. Direction changes: Utilize the entire stage by changing directions and pathways during your routine. Use diagonals, straight lines, and zigzag to create surprise moments within a phrase of movement.
- **4. Find Stillness:** Hold for a few beats of stillness in your dance to create a mood or mark a moment of importance within your choreography. Stop and find a pose to freeze in.
- **5. Cultural dance styles:** Incorporate movements from another culture to stand out at a competition. Choose something that isn't seen very often and challenge your dancers to learn about a culture too.
- **6. Make a story line:** Develop a clear beginning, middle, and end to your choreography to tell a compelling story through movement. Write your choreography like a story and it will help you find the holes in your routine.

- **7. Costume appropriately:** Ensure that costumes fit well and match the mood and time period of your choreography. Use costumes to enhance the storytelling of your movements. Skirts or suspenders can be used to exaggerate characters.
- **8. Props add whimsy:** Incorporate props such as chairs, umbrellas, or scarves to bring dynamics to your routine and further enhance your storytelling. Just make sure you use them throughtout the entire piece.
- **9. 360 view:** Watching your routine from all the different sides can help you see spacing problems.
- **10. Video:** Record a dress rehearsal before you go to competition. See what the judges see before you go! This will help the dancers see their facial expressions as well.

By following these expert tips you can elevate your choreography and stand out as a dancer who captivates audiences with your creativity and storytelling abilities. Experiment with these techniques and watch as your dance routines come to life in new and exciting ways.



Dancer, Author, Podcaster.

#### **Anna Harsh**

- AnnaHarsh.com
- @TambourineChronicles



## PURE DANCE COMPETITION

Is a Christian Dance Competition coming into its Premiere year in 2025! We couldn't be MORE excited to have you join our stage.

> Email us at: puredancecomp@gmail.com www.puredancecomp.com



#### **RUNWAY'S 2024 FALL CONVENTION:**

Date: Sunday October 20th, 2024

Location: Pearson Convention Center 2638 Steeles Ave East, Brampton, ON L6T 4L7

Date: Saturday October 26th, 2024

Location: Delta Ottawa City Centre 101 Lyon St. N, Ottawa, ON K1R 5T9

#### **RUNWAY'S 2025 TOUR DATES:**

March 21st-23rd, 2025 - LONDON, ON - Centennial Hall

March 27th-30th, 2025 - NIAGARA FALLS, ON - Fallsview Theatre

April 11th-13th, 2025 - LONDON, ON - Centennial Hall

April 25th-27th, 2025 - BELLEVILLE, ON - The Empire Theatre
\*Small Studio Only Competition\*

May 2nd-4th, 2025 - NIAGARA FALLS, ON - Fallsview Theatre

May 9th-11th, 2025 - CORNWALL, ON - Aultsville Theatre







### DANCE COMPETITION

**2025** DATES

**OTTAWA** 

Algonquin College March 21, 22, 23, 2025 **OTTAWA** 

Algonquin College April 3, 4, 5, 6, 2025 **OTTAWA** 

Algonquin College May 8, 9, 10, 11, 2025







## Candance ==== T===

NORTH AMERICA'S FAVOURITE DANCE COMPETITION

WWW.CANDANCECOMPETITION.CA

\*ALL DATES SUBJECT TO CHANGE

#### MONTRÉAL, QC #1

MARCH 20 - 23, 2025 (LAVAL SHERATON CONVENTION CENTRE)

#### TORONTO, ON

MARCH 20 - 23, 2025 (JOHN BASSETT THEATRE)

#### **MONTRÉAL, QC #2**

MARCH 27 - 30, 2025 (LAVAL SHERATON CONVENTION CENTRE)

#### **HUNTSVILLE, ON #1**

APRIL 4 - 6, 2025 [SMALL STUDIO] (DEERHURST RESORT)

#### WINNIPEG, MB

APRIL 3 – 6, 2025

#### MISSISSAUGA, ON

APRIL 3 - 6, 2025 (LIVING ARTS CENTRE)

#### **GATINEAU, QC**

APRIL 10 – 13, 2025 (PALAIS DE CONGRES GATINEAU)

#### **BURLINGTON, ON**

APRIL 10 – 13, 2025 (BURLINGTON PERFORMING ARTS CENTRE)

#### **EDMONTON, AB**

**APRIL 11 – 13, 2025** (EXPO CENTRE)

#### HALIFAX, NS #1

APRIL 24 – 27, 2025 (LIGHTHOUSE ARTS CENTRE)

#### HALIFAX, NS #2

APRIL 24 - 27, 2025 (EXHIBITION CENTRE)

#### **REGINA, SK**

APRIL 24 – 27, 2025 (CONEXUS ARTS CENTRE)

### CALGARY, AB #1

MAY 1 - 4, 2025 (BMO CENTRE) CHAMPIONS BALLROOM

#### CALGARY, AB #2

MAY 1 – 4 2025 (BMO CENTRE) PERCHERON BALLROOM

#### CALGARY, AB #3

MAY 8 - 11, 2025

[SMALL STUDIO]
(WESTIN HOTEL & CONVENTION
CENTRE - AIRPORT)

#### **BROCKVILLE, ON**

MAY 9 - 11, 2025 (BROCKVILLE ARTS CENTRE)

### **HUNTSVILLE, ON #2**

MAY 15 - 18, 2025 (DEERHURST RESORT)

#### **RED DEER, AB**

MAY 15 - 18, 2025 (WESTERNER PARK -EXHIBITION HALL)

#### **NIAGARA FALLS, ON**

**DATES TBA** (SCOTIABANK CONVENTION (SENTRE)

#### **NATIONAL FINALS**

OTTAWA, ON

JUNE 27 - JULY 2, 2025 (SHAW CENTRE)

MB

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ON

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12

## JETÉ INTO OUR NEW UPDATED APP!



WATCH COMPETITION LIVE STREAMS
VIEW COMPETITION SCHEDULES
SHOP COMPETITION VIDEOS & PHOTOS
ACCESS VIDEO JUDGE CRITIQUES
AND MORE!

Watch, Enjoy, Share - Anytime, Anywhere!







## **2025 DATES** & LOCATIONS

FEBRUARY 27TH - MARCH 2ND, 2025 | NIAGARA FALLS

MARCH 20TH - 23RD, 2025 | BURLINGTON

MARCH 27th - 31st, 2025 | RICHMOND HILL

APRIL 3RD - 6TH, 2025 | VAUGHAN

APRIL 10TH - 13TH, 2025 | SCARBOROUGH

APRIL 24TH - 27TH, 2025 | RICHMOND HILL

MAY 1st - 4th, 2025 | NIAGARA FALLS

MAY 8TH - 11TH, 2025 | HAMILTON

MAY 15TH - 18TH, 2025 | HAMILTON

MAY 22ND - 25TH, 2025 | NIAGARA FALLS

MAY 29TH - JUNE 1ST, 2025 | NIAGARA FALLS

#### DAN. LIDIA. ERICA & THOMAS

- O 905.575.3147
- O CONTACT@STARBEATDANCE.COM @ @STARBEATDANCE
- O WWW.STARBEATDANCE.COM
- A STAR BEAT DANCE



THE CANADIAN NATIONAL DANCE CHAMPIONSHIPS WILL BE COMING TO AN AREA NEAR YOU IN 2025!

## **2025 TOUR DATES**

HAMILTON | MARCH 21-23

QUEBEC | MARCH 29-30

WINNIPEG | APRIL 9-12

WINNIPEG | APRIL 13-17

WHITBY | APRIL 24-26

QC



## KARWA

DANCE CHALLENGE



## **2025 TOUR DATES**

MARCH 20-23 SCARBOROUGH, ON

MARCH 27-30 HAMILTON, ON

APRIL 3-6 TORONTO, ON

**APRIL 10-13** SAINT JOHN, NB

APRIL 24-27 HALIFAX #1, NS BRANTFORD, ON MAY 8-11 ST. JOHN'S, NL BURLINGTON #1, ON

MAY 9-11 HALIFAX #2, NS NORTH BAY, ON

**MAY 15-18** BURLINGTON #2, ON

### Connect

Caitlin@karvdancechallenge.com 416-455-9792 www.karvdancechallenge.com NB

NL

NS

## EXTREME DANCE CHALLENGE



10TH ANNIVERSARY SEASON

## MAY 1-4 MAY 8-11 CALGARY RED DEER

FOR MORE INFORMATION:

ExtremeDanceChallenge.com
office@extremedancechallenge.com
587-352-0111 or 1-844-352-0111



**VAUGHAN, ON: FEBRUARY 15, 2025** 

City Playhouse Theatre

**MEAFORD, ON: MARCH 28-30,** 

2025

Meaford Hall

**CHATHAM, ON: APRIL 4-6, 2025** 

**Chatham Capitol Theatre** 

LONDON, ON: APRIL 11-13, 2025

Wolf Performance Hall (small studio)

**TORONTO, ON:** APRIL 25-27, 2025

**ArtsHUB** 

**TORONTO. ON:** MAY 9-11, 2025

**Meridian Arts Centre** 

INTERNATIONALS & TITLE COMPETITION PLAYA DEL CARMEN, MX:

MAY 15-18, 2025

Teatro de la Cuidad

Reserve before August 10 to receive 10 Complementary Summer Reset Workshop Passes

theaudiencedance.ca | @theaudiencedance



## STANDING OVATION

Find out what all the BUZZ is about! Earn a Judges Standing Ovation and go straight to the Final LNK Dance OFF!!



- FEB 28 MARCH 3
   HAMILTON
- MAR 21 MAR 23 THUNDER BAY
- APR 11 APR 13
   TORONTO
- APR 25 APR 27
   OAKVILLE





## TDRSZN10 2025 our lottes

FEBRUARY 21-23 HAMILTON
MOHAWK COLLEGE

RICHMOND HILL RHCPA MARCH 21-23

MARCH 28-30 HAMILTON
FIRST ONTARIO CONCERT HALL

CHATHAM
CAPITOL THEATRE

APRIL 25-27

MAY 2-4 NIAGARA FALLS
GREG FREWIN THEATRE

RICHMOND HILL RHCPA MAY 16-17

HIP HOP EXCLUSIVE EVENT JUNE 13-14

NIAGARA-ON-THE-LAKE
CENTRAL COMMUNITY CENTRE

## CELEBRATE OUR 10TH YEAR!

THEDANCERAGE@GMAIL.COM @THEDANCERAGE WWW.THEDANCERAGE.COM



### www.thisisitdance.com

Date	City	Venue
Feb 21 - 23	Ottawa, Ont Solo, Duet,Trio, Small Groups	Algonquin College
March 28 - 29	Toronto, Ont	PC Ho Theatre
April 25 - 27	Ottawa, Ont	Algonquin College
May 2 - 4	Kingston, Ont	St. Lawrence College
May 16 - 18	Niagara Falls, Ont	Central Community Centre

Where Dream Take Flight!

> info@thisisitdance.com 613.286.4983



CASH AWARDS | OVERALL AWARDS IN ALL DIVISIONS | FUN AND POSITIVE ENVIRONMENT TOP NOTCH EXPERIENCED JUDGES FROM ALL FIELDS OF THE DANCE INDUSTRY JUDGES CHOICE AWARDS | CHOREOGRAPHY AWARDS | TOP DANCE STYLE AWARDS

## YOU AREN'T STILL REGISTERING FOR EVENTS OUTSIDE OF DANCEBUG... ARE YOU?!?



Enter your info once and use it to register for multiple events!



Log in to view participating competitions and start registering today!



## StarCatchers

## DANCE 2025

FEB 28 - MAR 1-2 NORTH YORK

MARCH 21-22-23 NIAGARA FALLS

MARCH 28-29-30 GUELPH

APRIL 4-5-6 RICHMOND HILL

APRIL 11-12-13 RICHMOND HILL APRIL 25-26-27 SCARBOROUGH

MAY 2-3-4 SCARBOROUGH

MAY 9-10-11 NORTH YORK

MAY 23-24-25 HAMILTON

The Competition that will send your kids home smiling

STARCATCHERSDANCE.COM

EMAIL: DIRECTORS@STARCATCHERSDANCE.COM



FINISH YOUR SEASON WITH A BANG, CRUSHING IT AT CANADIAN DANCE FINALS IN JULY!







## Regina Performing Arts Centre

March 20-23 2025 March 27-30 2025



What Would Life Be Without A Little Glam?

Reservations Open - July 1st Registrations Open - October 1st

For more information and to register visit www.glamdance.ca



2025 TOUR DATES

## NORTH YORK

March 28 - 30 Armenian Youth Centre

## PETERBOROUGH

April 4 - 6 Showplace Performance Centre

## BARRIE

April 25 - 27 Georgian College Theatre

## BROCKVIILE

May 16 - 18 Brockville Arts Centre



Euphogia

DANCE COMPETITION



MARGH 4-7

CHARLIE WHITE THEATRI SIDNEY, BO

WARCH 27 SO VATES THEATRE

YATES THEATRE LETHBRIDGE, AB

APRIL 2+5

KAY MEEK ARTS CENTRE West vancouver, Bo

APRIL 10-13

VENABLES THEATRE OLIVER. BC

ARILEO-MAYS

PORT THEATRE NANAIMO, BC

CASH AWARDS
OVERALL AWARDS
CHOREOGRAPHY AWARDS
POINT BASED DEDUCTION SCORING
TEACHERS/DIRECTORS LOUNGE
EMERALD CUP SHOWDOWN

TOUR DATES 2025

**EUPHORIADANCECOMPETITION.COM** 

ELITE DANCE PRODUCTIONS

## 2025 TOUR DATES

**FALL 2024: HALIFAX, NS** 

NOVEMBER 20-24

FREDERICTON, NB

APRIL 3-6

NB

NI

SYDNEY, NS

APRIL 24-27

ST. JOHN'S, NL APRIL 9-13

HALIFAX, NS

APRIL 30-MAY 4



WWW.ELITEDANCEPRODUCTIONS.CA

INFO@ELITEDANCEPRODUCTIONS.CA

FEBRUARY 18-23, 2025 COAST LANGLEY CITY HOTEL LANGLEY BC

FEBRUARY 25 - MARCH 2, 2025 RIVER ROCK CASINO RESORT RICHMOND BC

APRIL 1 - APRIL 6, 2025 RIVER ROCK CASINO RESORT RICHMOND BC

APRIL 8 - APRIL 11, 2025 CLARKE THEATRE MISSION BC

APRIL. 12 & 13, 2025 The rising star experience Clarke theatre, mission bc

APRIL 22 - 27, 2025 TBD VANCOUVER, BC

APRIL 29 - MAY 4, 2025 COAST LANGLEY CITY HOTEL LANGLEY BC

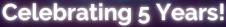
THE FINAL ONE
MAY 30 - JUNE 1 2025
RIVER ROCK CASINO RESORT
RICHMOND BC

### **LOOK FORWARD TO:**

- Special Awards Adjudicator
- Loyalty Studio Discount
- The Final One Showdown Junior & Senior
- In-house DJ
- Large Cash Prizes
- FREE Photo & Video
- Catered meals for teachers
- Teacher Appreciation Party and MORE!
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- f /TheOneDanceExperience
  www.TheOneDanceExperience.com









## move.

THE ULTIMATE DANCE COMPETITION

## **BOOK FOR 2025**

RBC CONVENTION CENTRE
WINNIPEG, MB
MARCH 17 - 20

PALAIS DES CONGRÈS DE GATINEAU
GATINEAU, QC
MARCH 27 - 30

HILTON TORONTO AIRPORT TORONTO, ON APRIL 10 - 13 AMERICANA CONFERENCE RESORT
NIAGARA FALLS, ON
APRIL 24 - 27

HAMILTON CONVENTION CENTRE
HAMILTON, ON
MAY 8 - 11

BLUE MOUNTAIN INN
BLUE MOUNTAIN, ON
MAY 15 - 18



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always listening

always inspiring

always innovative

MB

## THE ULTIMATE **ADJUDICATION** SOLUTION VIDEO





Demand Video Judge at every competition you attend because your studio and your dancers deserve the best!

Get on the go access through the DanceBUG app!





## MOMENTS

## RED DEER, AB APRIL 3-6, 2025

WESTERNER PARK

www.momentsdancecompetition.com







La nouvelle compétition de danse !

Joliette, 16 février 2025

Infos et inscriptions quebecdansechallenge.com









QC

## DANCE CHALLENGE

**NOVEMBER 23 & 24, 2024** 

C O N V E N T I O N & SOLO DANCE COMPETITION

Hilton Toronto Airport Hotel & Suites 5875 Airport Rd, Mississauga, ON

**ENCOREDANCECHALLENGE.COM** 

NEW to DanceBUG in 2025













**REGINA SK** 

**APRIL 4-6 2025** 

CONTACT:

Chantel Sebation kidscandance@sasktel.net



# Embracing Mental Skills

for Performance Excellence

n the electrifying and dynamic world of competitive dance, most studio owners and teachers would agree that competitive environments are not just about the physical execution on stage, but more about mental fortitude before, during, and after each performance.

As a mental skills trainer for dancers and educators, I am consistently asked:

- How do I help my dancers be more confident?
- What do we do when the dancer is overwhelmed with nerves and starts to crumble under pressure?
- How can we better support team dynamics, expectations, and communication for both the parents and the dancers?

#### The answer is mental skills.

Mental skills aren't just about conquering competition day nerves. They're the backbone of consistent peak performance.

Mental skills training provides dancers with a sturdy foundation, guiding them through the ups and downs of their progress with grace and determination. Beyond the spotlight of competition, they equip dancers with the tools to navigate the daily grind of rehearsals, the pressures of competition, and the inevitable setbacks that come with the pursuit of excellence.

Through mindfulness practices, visualization techniques, and goal-setting strategies,

dancers learn to anchor themselves in the present moment, silencing the chatter of comparison and fear.

The goal is to empower dancers to dance not to prove their worth or avoid failure, but to express themselves authentically, to connect with their passion, and to find fulfillment in the sheer act of dancing.

In essence, mental skills become the steady compass that keeps dancers grounded in their passion, focused on their goals, and resilient in the face of challenges, ensuring that they continue to evolve and excel, both on and off the stage.

#### Try This!

Incorporate goal-setting sessions into your studio's regular routine. Gather your dancers together and guide them in identifying specific areas they would like to improve within their dancing. Encourage them to highlight aspects that are fully within their control and consider how they will measure their progress. Encourage a focus on both short-term milestones and long-term aspirations. Then, support them in creating actionable plans to reach their objectives. By setting clear intentions and taking proactive steps toward their goals, dancers will feel empowered, motivated, and more resilient in the face of challenges.



# DANCEBUG

Dance Stories Brought To Life

#### **FEATURED GUESTS**





















danceTALKS EVERYBODY HAS A STORY

**EXCLUSIVELY ON**DANCEBUGCHANNEL.COM





FREDERICTON HALIFAX

MAY 15TH-18TH

MARCH 27TH-30TH APRIL 9TH-13TH

JULY 10TH-13TH



**EMAIL US FOR MORE INFORMATION AT** MERCYDANCEPRODUCTIONS@GMAIL.COM OR FIND US ON **INSTAGRAM @MERCYDANCEPRODUCTIONS** 

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**APRIL 24 - 27, 2025** GRANDE PRAIRIE, ALBERTA

Redefining Community: Where Every Dancer Belongs

DANCEDRIVEFESTIVAL.COM



hosted by the Vaganova Dance Society

# **February 2025 Edmonton**

Solos • Duets • Groups
Cash Scholarships
Categories: Ballet, Contemporary,
Character Ballet, Variations & Pointe

Contact vaganovadance@gmail.com



### **2025 SEASON**

Sherwood Park, AB Mar 6-9, 2025

Grande Prairie, AB Mar 27-30, 2025

Calgary, AB

Apr 2-6, 2025

Morinville, AB

Apr 24-27, 2025

Lethbridge, AB

Apr 30-May 4, 2025

## Fun, Encouraging Atmosphere

Friendly, approachable team

Small Category Sizes Split by age, level, hours per week

Awards based on High Score AND Performance

Hip Hop Night!!!

Intentional Solo Awards

Recital Scholarships for Studios

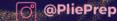
Studio Appreciation Gifts

Fully Stocked Teachers Lounge

\$\$\$\$\$ in medals, trophies, scholarships and cash prizes!

Free Coffee/Tea for Parents!

Contact Us: www.PliePrep.com Dani@PliePrep.com



43



MARCH 13-16, 2025 Westin Calgary Airport

CALGARY, AB



#### **UP COMING EVENT**



FEB 28 - MAR 3 2025

Bella Rose Arts Center

www.buzzdancechallenge.ca buzzdancechallenge@gmail.com



We are for ages
12 and under only



We aim to raise 1 pound of food per dancer attending to donate to the local Food Bank



We give 5% of our profits to charities that work to protect bees



We hold a special event to fundraise for the local Children's hospital

We have a special award called the Clean Bee that is only for routines who have no timing or execution errors, given out on top of medals.

Our goals are to empower, encourage, and energize the next generation to bee the best they can be. MB

# Terpsichore

SEP 28-29

PALAIS DE CONGRES

OCT 19-20 ANYIMI.

HILTON TORONTO AIRPORT

NOV 2-3

NOV 9-10

RBC CONVENTION CENTRE

- SCHOLARSHIPS ACCEPTED FROM OUR 2024 TOUR SAFE, POSITIVE, INCLUSIVE SPACE FOR ALL UNFORGETTABLE, INSPIRING WEEKEND OF DANCE BALLET, JAZZ, TAP, LYRICAL, CONTEMPORARY, HIP HOP

TERPSICHORE IS A PLACE WHERE DANCERS OF ALL LEVELS, STYLES AND BACKGROUNDS COME TOGETHER TO CELEBRATE THEIR LOVE OF DANCE. WE STRIVE TO FOSTER A SAFE, POSITIVE AND INCLUSIVE SPACE FOR ALL DANCERS. OUR GOAL IS TO ENGOURAGE, UNIFY AND INSPIRE YOUNG DANCERS NATIONWIDE

SUPPORT DANCE IN CANADA & TAKE CLASS WITH OUR COUNTRY'S LEADING CHOREOGRAPHERS!

CANADIAN COMPANY - CANADIAN FACULTY - CANADIAN CITY - CANADIAN DANCERS

JUN 30-JUL 5, 2025 | NIAGARA FALLS CONVENTION CENTRE

- TERPSICHORE TOP DANCER TITLE COMPETITION
   FREE PHOTO / VIDEO / LIVESTREAM
   \$20,000 in Cash Prizes
   National Dance off
   Part-time Dance off\*

SCHOLARSHIPS AWARDED STUDIO PRICING AVAILABLE 2 LEVELS - 12 & UNDER / 13 & OVER AFFORDABLE REGISTRATION FEES

- CONVENTION CLASSES
  TOP DANCER AUDITION CLASSES
  GRAND GALA & AWARDS SHOW
  ALL CANADIAN JUDGING PAREL & TEAM
  STUDIO DIRECTOR HOTEL ROOMS\*
  STATE-OF-THE-ART AUDIO / VISUAL EXPERIENCE

JOIN US TO CELEBRATE CANADA'S YOUNG DANCERS WHILE EXPLORING THE WORLD'S MOST FAMOUS WATERFALL, LOCATED JUST 1 HOUR FROM TORONTO PEARSON AIRPORT.

NEARBY ATTRACTIONS PROVIDE SOMETHING FOR THE WHOLE FAMILY, WITH HOTEL 6 RESTAURANT OPTIONS TO FIT EVERY PRICE RANGE WITHIN WALKING DISTANCE.

- ▶ PROFESSIONAL COMPETITION EXPERIENCE
   ★ ALL CANADIAN JUDGING PANEL 6 TEAM
   ★ STATE-OF-THE-ART STAGES/VENUES
   ★ INDUSTRY LEADING AUDIO/VISUAL

- \$10,000 IN CASH PRIZES AT EACH EVENT NO EVENT FEES, NO ADMISSION FEES STUDIO INCENTIVES STUDIO DIRECTOR HOTEL ROOMS\*

JOIN US FOR AN UNFORGETTABLE DANCE COMPETITION EXPERIENCE COMING TO A CITY NEAR YOU. DON'T MISS THE DANCE EVENT THAT STUDIO DIRECTORS ACROSS THE COUNTRY CAN'T STOP TALKING ABOUT!

CHECK OUT OUR FULL 2024/25 TOUR ON THE BACK COVER



Where Canada Comes To Dance







ON

QC



# STARS OF TOMORROW

**APRIL 3-6, 2025** 

Regina Performing Arts Center

**⊕ ⊚** when the contract of the contract





### NOW AVAILABLE **IN CANADA**





**Get Ready! Get Glamorous!** Get Glam'r Gear!





Our mission is to empower dancers, performers, athletes and others with our amazing patented gear!

WWW.GLAMRGEAR.CA

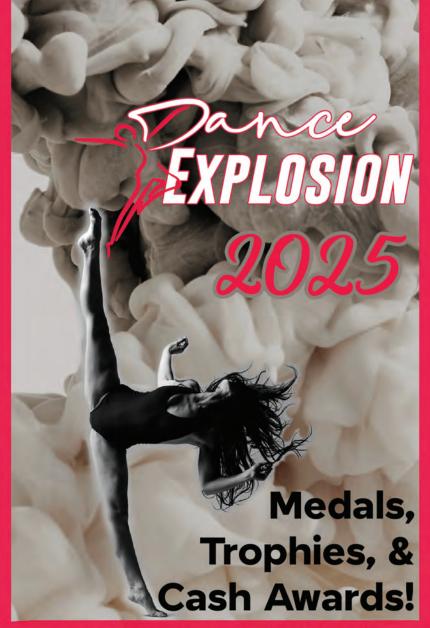
GLAMRGEAR.CA@GMAIL.COM



GLAMRGEARCANADA



GLAMRGEARCANADA



MAY 1-3, 2025 REGINA, SK. AERIAL CIRCUS - DANCE - ACROBATICS



# CIRCO FFST



# CANADA



COMING TO CALGARY, AB
APRIL 25-27, 2025

Registration Opens June 1, 2024

Building Community For Performing Artists Aerial Professional Adjudicators & Workshops Available

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**PCHO THEATRE** 

MAY 22-25, 2025

4 DAYS

**PCHO THEATRE** 

**SCARBOROUGH** 

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ON

BC

PHOENIX DANCE TOUR 2025

**MARCH 27-30** 

St John's, NL

**MARCH 27-30** 

Halifax, NS

**APRIL 3-6** 

Calgary, AB

**APRIL 4-6** 

Niagara, ON

APRIL 4-6
Regina, SK

APRIL 10-13

Calgary, AB

**APRIL 11-13** 

Nanaimo, BC

APRIL 30-MAY 2

MAY 8-10 Kitchener, ON

MAY 15-18

Chatham, ON

MAY 30- JUNE 1
Edmonton, AB

ALL

NS

NL

ON



APRIL 23-26
Coquitlam, BC
APRIL 23-26
Thunder Bay, ON

NATIONALS JULY 21-25

Penticton, BC

\* Dates are subject to change or addition

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BARRIE | FEBRUARY 21-23
Georgian Theatre

BELLEVILLE | MAY 2-4 Empire Theatre

PORT HOPE | March 28-31 Capitol Theatre WATERLOO | MAY 9-11 Wilfred Laurier University

PORT HOPE | APRIL 4-6
. Capitol Theatre

HUNTSVILLE | MAY 16-18

Algonquin Theatre

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NIAGARA ON THE LAKE

APRIL 25-27

Central Community Center Theatre

HUNTSVILLE | MAY 23-25 e Algonquin Theatre

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ON

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## MAR 28 - MAR 30

**GREG FREWIN THEATRE** NIAGARA FALLS SMALL STUDIO EVENT

### MAY 22 - MAY 25

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# Sheam-to-DIAGE 2025

MARCH 21–23, 2025 | GREG FREWIN THEATRE, NIAGARA FALLS
APRIL 4–6; 2025 | CENTENNIAL HALL, LONDON
APRIL 25–27, 2025 | MOHAWK COLLEGE, HAMILTON
MAY 2–4, 2025 | CENTENNIAL HALL, LONDON
MAY 2–4, 2025 | SANDERSON CENTRE, BRANTFORD

OVER 1700+ MEDALS/TROPHIES AWARDED AT EACH EVENT



**CALGARY** 

MARCH 28TH - 30TH

**EDMONTON** 

**APRIL 4TH - 6TH** 

**MEDICINE HAT** 

**APRIL 11TH - 13TH** 

**OKOTOKS** 

MAY 9TH - 11TH MAY 23RD - 25TH



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# **2025 REGIONAL TOUR**

SMALL STUDIO LOCATION

#### BURLINGTON

**ONTARIO** 

MAR 21-23, 25

#### MARKHAM

**ONTARIO** 

MAR 27-30, 25

#### GATINEAU

QUEBEC

APR 3-6, 25

SMALL/ MEDIUM STUDIO LOCATION

#### BURLINGTON

**ONTARIO** 

APR 10-13, 25

#### CALGARY

ALBERTA

APR 25-27, 25

#### **EDMONTON**

ALBERTA

**APR 29-MAY 4, 25** 

#### **HAMILTON**

**ONTARIO** 

MAY 8-11, 25

#### HALIFAX

NOVA SCOTIA

MAY 15-19, 25

#### **NIAGARA FALLS**

**ONTARIO** 

MAY 22-25, 25

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# BALLE

# 2025 DANCE TOUR

#### **14 FABULOUS SEASONS**

VANCOUVER AREA, BC MARCH 14TH - 16TH

**TBA** March 21st - 23rd

ST. JOHN'S, NL MARCH 25TH - 30TH

WINNIPEG, MB MARCH 28TH : 30TH

MEDICINE HAT, AB APRIL 4TH - 6TH

WHISTLER, BC APRIL 11TH - 13TH

TBA APRIL 25TH - 27TH

BANFF, AB MAY 2ND - 4TH

WAINWRIGHT, AB May 9th - 11th **ALWAYS ON TIME** 

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# **2025 LINE UP**

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MARCH 14-16

TEAMZ EVENT - GTA

MARCH 12-15 WINNIPEG

MARCH 20-23 GATINEAU

MARCH 20-23 NOVA SCOTIA

MARCH 27-30 BRANTFORD

APRIL 3-6 ST. JOHN'S, NL

APRIL 3-6 ALLISTON (N1)

APRIL 10-13 TORONTO (T1) -SMALL STUDIO

APRIL 10-13 ALLISTON (N2)

APRIL 24-27 NIAGARA FALLS

APRIL 24-27 TORONTO (T2)

APRIL 24-27 ALLISTON (N3) MAY 2-4 TORONTO (T3)-WESTIN HARBOUR

CASTLE

MAY 1-4
ALLISTON (N4)
\*INCLUDES
PRE-COMP BATTLE

MAY 8-11 CALGARY

MAY 8-11 ALLISTON (N5)

MAY 15-18 KITCHENER

MAY 15-18 ALLISTON (N6)

MAY 22-25 NEW BRUNSWICK

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#### L CHAMPIONSHIPS 2025

Atlantic City, NJ # June 23-27

Branson, MO # June 27-July 1

Orlando, FL **July 6-10** 

Myrtle Beach, SC \* July 13-17



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# TOUR DATES & LOCATIONS

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July 26-28, 2024
SUMMER DANCE INTENSIVE
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October 19-20, 2024

FALL CONVENTION CALGARY NEW!

Calgary Telus Convention Centre

November 9-10, 2024
FALL CONVENTION TORONTO
Toronto Hilton Airport Hotel

March 27-30, 2025 Toronto #1 – Meridian Arts Centre

April 3-6, 2025 Hamilton #1 – Hamilton Convention Centre

April 10-13, 2025 Niagara Falls #1 - Marriott on the Falls

April 24-27, 2025 Toronto #2 – Toronto Hilton Airport Hotel

April 24-27, 2025 Calgary #1 - Westin Calgary Airport Hotel May 1-4, 2025 Hamilton #2 – Hamilton Convention Centre

May 15-18, 2025 Niagara Falls #2 - Americana Resort

May 22-25, 2025 Alliston - Nottawasaga Resort

May 22-25, 2025 Calgary #2 - Westin Calgary Airport Hotel

May 29-June 1, 2025 Niagara Falls #3 - Americana Resort

PUSH YOUR LIMITS!

UNLEASH YOUR TALENTI

ON





### **SUNDAY MARCH 9TH 2025**

#### **BARRIE**

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# C D X

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PC CHEER AND TUMBLE- MISSISSAUGA, ON

\*\*NEW\*\*

SEPT 27

BALLET EDITION



SEPT 28  SEPT 29

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\*\*NEW\*\*

**OCT 25** 

AUDITION/PRO EDITION



**OCT** 26

 OCT 27

HOLIDAY INN BURLINGTON HOTEL & CONFERENCE CENTRE- BURLINGTON, ON

69





#### SPRING - PRINTEMPS

QUÉBEC CITY

2025

CONTACT: INFO@PRESTIGECOMPETITION.CA

QC



# Dynamite Dance CHAMPIONSHIP

## 2025 Tour Dates

March 21-23

Ajax Convention Centre - Ajax. ON

April 3-6

Chrysler Theatre - Windsor, ON

April 10-13

Central Community Centre - Niagara, ON

May 1-4

Hamilton Convention Centre - Hamilton, ON

May 15-18 - Small Studio Event
Centennial Hall - London, ON

July 2-6 - Finals & Title Competition
Chrysler Theatre - Windsor, ON

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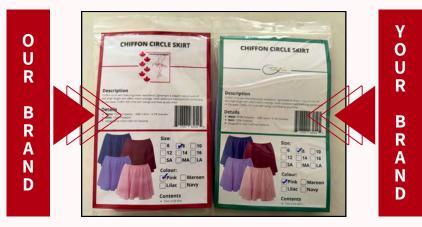
Nottawasaga Inn Resort - Alliston, ON	February 27 - March 2, 2025
	March 20 - 23, 2025
	March 27 - 30, 2025
Deerhurst Resort - Huntsville, ON	April 10 – 13, 2025
	April 24 – 27, 2025



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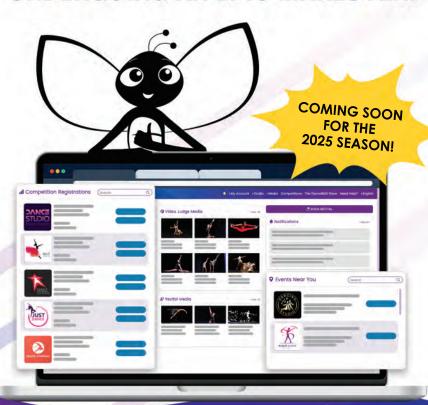
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- Advanced competition event search function
- And MORE!



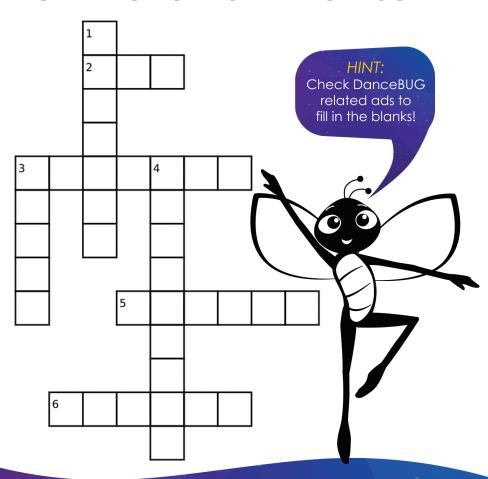


MARCH 27-30, 2025

# MAY 1-4, 2025

LLOYDMINSTER EXHIBITION GROUNDS MOMENTUMDANCEEVENTS.CA

## **CHEERS TO A GREAT SEASON!**



#### **DOWN:**

- 1. \_\_\_\_ deserve the best 2. New updated \_\_
- 3. \_\_\_\_\_ stories brought to life 3. \_\_\_\_\_ to impress
- 4. Dance our way to \_\_\_\_

#### **ACROSS:**

- 5. Customized for your Needs
  - 6. Register for multiple \_\_\_\_\_



## **INDEX**

Find events near you using our **provincial listing**, which correspond to the colour-coded sidebars throughout this guide! Competitions are listed **alphabetically under the provinces** where their 2025 events will be held.

ALBERTA         Abstract Movement Festivals	MANITOBA Candance
Momentum Dance Challenge         .77           Moments Dance Competition         .34           On The Floor         .64           Phoenix Dance Competition         .53           Plie Prep         .43           Terpsichore Dance Celebration         .46&82           Wanna Dance? Productions         .61	Take the Stage
BRITISH COLUMBIA Euphoria Dance Competition	Wanna Dance? Productions61

# **INDEX**

NOVA SCOTIA	QUEBEC
Candance12	Candance12
Elite Dance Productions30	Canadian National Dance Championships1
Fever IDC	Competition De Danse Prestige7
KARV Dance Challenge	Fever IDC
Mercy Dance Productions40	iDance Competition
On The Floor	Move Dance Competition3
Phoenix Dance Competition53	On The Floor
Shock Dance Challenge5	Quebec Dance Challenge39
The BUZZ Dance Competition	Terpsichore Dance Celebration46&8
The Bozz Bance Compeniion43	The Knockout Dance Challenge23
ONITA DIO	The knockoor burice challenge2
ONTARIO	
Aspire Dance Challenge	SASKATCHEWAN
Audience Dance Rivalry	Candance1
Believe Dance Competition Inc28	Dance Explosion4
Breaking Bounds Dance Challenge67	Dance Extravaganza3
Breakthru Dance Challenge4	Evolve Dance Competition
Canadian Dance Expo (CDX)69	Glam Dance Competition2
Canadian Dance Finals26	Phoenix Dance Competition5
Candance12	Stars of Tomorrow4
Canadian National Dance Championships15	The Tavria Ukrainian Dance Festival56
Dream to Dance Competition58	
Dynamite Dance Championships71	ADS & EXPERTS
Elite Dance Challenge52	Acrobatic Arts5
Encore Dance Challenge36	Canada Dance Wear
Fever IDC	DanceBUG App13
KARV Dance Challenge17	DanceBUG Channel3
LNK presented by Dancefest Canada20	DanceBUG Crossword Activity
Move Dance Competition32	DanceBUG Merch Shop
Northern Stars Dance Competition16	DanceBUG Recital
On Stage Productions	DanceBUG Registration
On The Floor	DanceBUG Studio Portal
Phoenix Dance Competition53	DanceBUG Support
Pure Dance Competition9	Dance Hiring Hub79
Rhythm Revolution	Dance Marketing
Runway Dance Competition10	Dance Print
Shock Dance Challenge	Dance Studio Growth Experts (DSGE)7
Shooting Stars Dance Competition54 Star Beat Dance Champions14	Embracing Mental Skills for Performance Skills3
	ICDR
StarCatchers	Glam'r Gear4
Starpower International	Top 10 Tips for Choregraphy to Stand Out
Terpsichore Dance Celebration46&82	Video Judge3
The Dance Rage	Tideo Joage
This Is It Dance Competition22	
Xtreme Dance Champions73	
PRIMOR FRANCE ISLAND	
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FEB 13-15

FEB 26-MAR 1 MISSISSAUGA

MAR 4-6

MAR 6-9

MAR 21-25

MAR 27-30 NIAGARA, ON #

EDMONTON, AB
TERPSICHORE

**APR 3-6** BURLINGTON, ON TERPSICHORE









GARY, AB #1

APR 10-13 GUELPH, ON #3

APR 24-27 AGARA, ON #2

P-I YAM ORONTO, ON

CALGARY, AB #2 MAY 8-11

MAY 8-11 GATINEAU. QC

MAY 8-11

MAY 14-18 ALGARY, AB #3

JUN 30-JUL 5

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